# The Update September – October

#### **AA Slogans**

## 9. Faith Without Works Is Dead

We believe their faith in a higher power not because they tell us about it, but because they demonstrate it through their actions. Recovery should yield a similar effect on people. We can tell people that we aren't drinking or doing drugs. They may not smell it on us or catch us in the act. But if they see us living the same life that we lived in addiction, why should they believe us? Unlike some of the more simplistic AA slogans, many people might actually misinterpret this one. It doesn't say that faith without works is meaningless. Faith is a powerful thing, and important to our spiritual experience. But our actions are evidence that our faith in the program has paid off.

### 10. I Am An Alcoholic

Remember that identifying yourself within the group helps build a sense of unity. We are all different, but these words remind us that we still have something in common. The members of a group such as AA come in many shapes and sizes. We are people who might not have met each other if not for sharing a struggle against the same affliction. So don't think of this as an unfair or offensive label. Simply consider it a reminder that you are not alone.

#### PRINCIPLES BEFORE PERSONALITIES

It says in the A.A. 12 and 12: "At this altitude (press, radio, films, and television), anonymity – 100 percent anonymity – was the only possible answer. Here, principles would have to come before personalities." I have to be willing to give up my need for attention and be humble enough to do the work of the fellowship without expecting anything in return. I get sobriety. It's a good principle and the personality that loved drama and craved attention in the past, I try to leave behind.

The way I understand this tradition is that humility prevails in all our actions related to the fellowship. Each and every one of us gets recovery through the fellowship and part of recovery goes through carrying the message to the still suffering. So I believe that the key message here is to focus on the message of strength and hope rather than our own accomplishments or run riot wills. It is not about who we are, what we did or what we can do, but how we are as a vessel for recovery.

We also believe that the 12th Tradition is closely interlinked with the 1st and 2nd Traditions where our common welfare should come first (rather than our only personal one) and that our Higher Power is our sole conductor through group conscience (not our sole conscience) as we are but trusted servants. This way, I think we can keep our personal ego at bay within service. So, that would be my understanding of respecting anonymity within the fellowship in a service position.

When it comes to outside exposure, the same principles would apply. Again, we are there as humble witnesses of recovery, with our own personal and unique story and personality, of course, but one of all the recovering and sometimes suffering members. This is why; we should keep it at that in any outside communication, in order to never hurt the fellowship as a whole.

## **November Birthday**

Andy I.	Hill St. Blues	November 1, 2007
Christine M	Sunday Morning	November 1, 1988
Peter L.	Serenity	November 4, 2015
Carl S.	Came to Believe	November 4, 1995
Doug C.	Serenity	November 6, 1966
Susan C.	Centennial	November 6, 2004
Bob L.	Came to Believe	November 8, 1986
Scott L.	Monday Morning	November 9, 2013
Ron B.	Freedom Group	November 10, 1979
David S.	St. Georges	November 10, 2010
Dawn S.	Came to Believe	November 12, 2015
Mike R.	Hub Group	November 14, 2015
Mike C.	St. Georges	November 15, 1963
Wayne S.	Thedford	November 16, 2016
Dave T.	Watford	November 17, 1989
Lyn R.	Thedford	November 19, 2011
Scott H.	Thedford	November 20, 2016
Bob B.	Thedford	November 23, 1981
Carole N.	Wed. Night Group	November 23, 1982
Larry D.	Wed. Night Group	November 24, 1983
Jacqueline	Serenity	November 26, 2007
Peter E.	Lambton Central	November 27, 1982
Rob S.	Hill St. Blues	November 28, 2001

# **December Birthdays**

Tammy H.	Lambton Central	December 1, 2001
Honour M.	High Noon	December 1, 2013
Kara	Lambton Central	December 2, 2011
Wayne D.	Bridgeview	December 2, 2001
Barbara Ann	Serenity by the Lake	December 2, 1990
Gerry F.	Lambton Central	December 3, 1998
Dennis N.	Monday Morning	December 7, 1999
Erick M.	Monday Morning	December 13, 2012
Doug B.	Lambton Central	December 19, 2012
Jim G.	Lake Huron	December 21, 1994
Maragaret S.	St. Georges	December 24, 1989
John L.	Beginners Reflections	<b>December 26,2013</b>
lan S.	Sunday Morning	<b>December 26,1993</b>
Jennifer T.	Came to Believe	December 26, 2015
John F.	Hill St. Blues	December 26, 1988
Jan P.	Beginners Reflection	December 28, 2007
Kevin S.	Monday Morning	December 28, 2013
Gerry L.	Mens Group	<b>December 28,1978</b>
John S.	Hill St. Blues	December 28, 1988
Matt M.	Hub Group	December 30, 2017
Irene P.	Hub Group	December 31, 1999