

The Update

November – December

12 Concepts

First Concept

“ Final Responsibility and ultimate authority for A.A world services should always reside in the collective conscience of our whole Fellowship. “

The structure for A.A is always designed to provide that the direction taken by A.A is that of the group conscience of the whole fellowship , not the dictates of a few.

Individual AA members come together to form groups. Groups are arranged in Districts, and Districts are arranged in areas, and then regions.AA in Canada is under the General Service Board. Canada sends two delegates to the Worls Service Board that has world wide responsibility.

Groups send General Service Represents which attend the district meeting. The G.S.R.'s in a district elect a District Commitee Member to lead the District meetings and to represent the District at the meetings of Area Committees. Meetings of G.S.R's in a Area are called Assemblies. Area assemblies send Delegates to the AA wide General Service Conference. The GENERAL Service Conference determines matters of AA policy, and the General Service Board operates the day to day Business if AA.

AA Quotes

I have found that the process of discovering who I really am begins with knowing who I really don't want to be.”

“I have come to believe that hard times are not just meaningless suffering and that something good might turn up at any moment. That's a big change

for someone who used to come to in the morning feeling sentenced to another day of life. When I wake up today, there are lots of possibilities. I can hardly wait to see what's going to happen next.”

“To this day, I am amazed at how many of my problems - most of which had nothing to do with drinking, I believed - have become manageable or have simply disappeared since I quit drinking.

**“I've been benefited from a dictionary definition I found that reads:
"Rationalization is giving a socially acceptable reason for socially unacceptable behavior, and socially unacceptable behavior is a form of insanity.**

“It is a spiritual axiom that every time we are disturbed, no matter what the cause, there is something wrong with us.”

“Almost none of us liked the self-searching, the leveling of our pride, the confession of shortcomings which the process requires for its successful consummation.”

January Birthdays

Kevin B.	Freedom Group	January 1, 2001
Barb F.	Bridgeview	January 1, 1975
Ron P.	Lambton Central	January 2, 1991
Don D.	Murphy Road	January 3, 2014
Steve G.	Murphy Road	January 4, 1985

Rick P.	Lambton Central	January 5, 2005
Lora B.	Thedford Group	January 12, 2014
Phil K.	Thedford Group	January 13, 1979
Sandra P.	Sunday Morning	January, 13, 1989
Michel M.	Monday Morning	January 14, 2004
Clifford H.	Serenity Group	January 17, 2009
Reg F.	Thedford Group	January 19, 1975
Patricia B.	Lake Huron	January 20, 1974
Jim D.	Lambton Central	January 20, 2013
Mary B.	Forest Lakeside	January 25, 1991
Jack Mc.	Lambton Central	January 26.1991
Dick T.	Lambton Central	January 27, 1999
Adrian M.	High Noon	January 29, 1992

February Birthdays

Julie K.	Came to Believe	February 2, 2016
Gordon	Monday Morning	February 3, 1977
Rob A.	Beginners Reflection	February 4, 2017

Jan L.	Forest Lakeside	February 5, 1991
Leo N.	Wednesday Night Group	February 6, 1983
Bart S.	Lambton Central	February 15, 1984
Lianne M.	Lake Huron	February 16, 2009
Shari E.	Beginners Reflections	February 20, 2015
Patti M.	Beginners Reflections	February 23, 2015
Leonord S.	Centennial Group	February 23, 2012
Pat M.	Centennial Group	February 23, 2015
Debbie H.	Monday Morning	February 24, 2012
Jeff C.	Lambton Central	February 24, 2009
Kristie B.	Monday Morning	February 25, 2012
Malia N.	Thedford Group	February 26, 2013
Bob C.	Hub Group	February 26, 2004
Lance R.	Centennial Group	February 26, 2005

Seasons Greetings

Sharon W.