

FAITH WITHOUT WORKS . . .



CULTIVATING FAITH

“I don’t think we can do anything very well in this world unless we practice it. And I don’t believe we do A.A. too well unless we practice it. . . . We should practice . . . acquiring the spirit of service. We should attempt to acquire some faith, which isn’t easily done, especially for the person who has always been very materialistic, following the standards of society today. But I think faith can be acquired slowly; it has to be cultivated. That was not easy for me, and I assume that it is difficult for everyone else. . . .”

DR. BOB AND THE GOOD OLDTIMERS, pp. 307-08

Fear is often the force that prevents me from acquiring and cultivating the power of faith. Fear blocks my appreciation of beauty, tolerance, forgiveness, service, and serenity.

Daily Reflections

Copyright © A.A. World Service Inc.

Step 11 : Sought through prayer and meditation to improve our conscious contact with God, praying only for the knowledge of his will for us, and the power to carry that out.

JULY TO AUGUST, 2017

THE UPDATE



Don’t take yourself too seriously — or anything for that matter.

GOD GRANT ME THE
SERENITY
TO ACCEPT THE THINGS
I CANNOT CHANGE
COURAGE
TO CHANGE THE
THE THINGS I CAN AND
WISDOM
TO KNOW THE DIFFERENCE

The spiritual life is not a theory. *We have to live it.* Unless one's family expresses a desire to live upon spiritual principles we think we ought not to urge the. We should not talk incessantly to them about spiritual matters. They will change in time. Our behavior will convince them more than our words. We must remember that ten or twenty years of drunkenness would make a skeptic out of anyone.

There may be some wrongs we can never full right. We don't worry about them if we can honestly say to ourselves that we would right them if we could. Some people cannot be seen — we send them an honest letter. And there may be a valid reason for postponement in some cases. But we don't delay if it can be avoided. We should be sensible, tactful, considerate and humble without being servile or scraping. As God's people we stand on our feet; we don't crawl before anyone.

....

It is easy to let up on the spiritual program of action and rest on our laurels. We are headed for trouble if we do, for alcohol is a subtle foe. We are not cured of alcoholism. What we really have is a daily reprieve contingent on the maintenance of our spiritual condition. Every day is a day when we must carry the

vision of God's will into all of our activities. "How can I best serve Thee—Thy will (not mine) be done." These are thoughts which must go with us constantly. We can exercise our will power along this line all we wish. It is the proper use of the will.

Much has already been said about receiving strength, inspiration, and direction from Him who has all knowledge and power. If we have carefully followed directions, we have begun to sense the flow of His Spirit into us. To some extent we have become God-conscious. We have begun to develop this vital sixth sense. But we must go further and that means more action.

Step Eleven suggests prayer and meditation. We shouldn't be shy on this matter of prayer. Better men than we are using it constantly. It works, if we have the proper attitude and work at it. It would be easy to be vague about this matter. Yet, we believe we can make some definite and valuable suggestions.

Big Book Pg. 83—86.

Copyright © A.A. World Service, Inc. 2007. Reprinted with permission.

**Faith
Without
Works . . .**

Sobriety Calendar

Shelia K.	Watford Group	2. Jul. 2013
Sue V	Sunday Morning	8. Jul. 1979
Al T.	Freedom Group	15. Jul. 1988
Tim C.	St. Peter's	15. Jul. 2000
Debbie K.	Thedford	17. Jul. 1990
Nadine M.	Lambton Central	25. Jul. 1981
Bruce D.	Lambton Central	26. Jul. 2009
Kyle, A.	Beginner's Reflections	28. Jul. 2007
Eric H.	Serenity	28. Jul. 1988
Kevin W	Sunday Morning	28. Jul. 2012
Eric H.	High Noon	28. Jul. 1988
Pam W.	Hill Street Blues	30. Jul. 1983

Teresa K.	Murphy Road	2. Aug. 2010
Phil G.	Freedom Group	5. Aug. 1996
Ken R	Men's Group	6. Aug. 1964
Dan J.	High Noon	8. Aug. 1979
Greg L.	Thedford	8. Aug. 1998
Rick T.	Lambton Central	9. Aug. 2010
Rick T.	New Beginnings	9. Aug. 2010
John W.	Bridgeview	14. Aug. 1996
Dianne L.	Forest Lakeside	15. Aug. 1992
Casey, R.	Beginner's Reflections	16. Aug. 2003
Judy G	Sunday Morning	13. Aug. 1995
Carly D.	Thedford	17. Aug. 1997
Florence K	Tues Shiftworkers	18. Aug. 1985
Carolyn T,	Thedford	24. Aug. 1989
Steve R.	Hub Group	28. Aug. 2009
Bill O.	Hill Street Blues	28. Aug. 2011
Mark W.	St. Peter's	28. Aug. 2012
Jon V.	Forest Lakeside	31. Aug. 2015

Chris, T.	Beginner's Reflections	1. Sep. 2013
Terry G	Monday Morning	1. Sep. 2013
John E	Monday Morning	1. Sep. 2012
John E	Sunday Morning	1. Sep. 2012
Dan W	Men's Group	1. Sep. 2004
Kelsy B.	St. Peter's	1. Sep. 2015
Terry C	Tues Shiftworkers	1. Sep. 2013
Pam F.	Watford Group	3. Sep. 2006
Laurie E	Serenity by The Lake	3. Sep. 2002
Lynn C	Monday Morning	5. Sep. 2013
Joe B.	Came to Believe	6. Sep. 2005
Joe B.	Sunshine Group	7. Sep. 2012
Keith P.	Hub Group	8. Sep. 1997
Steve O	Men's Group	10. Sep. 2007
Danny S.	St. Peter's	13. Sep. 2004
Ken P	Sunday Morning	17. Sep. 2000
Cecile B.	Freedom Group	18. Sep. 1974
Charlie K.	St. Peter's	18. Sep. 1997
Amy M	Serenity by The Lake	20. Sep. 2013
Ralph O	Thedford	21. Sep. 2013
Jeff C.	Forest Lakeside	26. Sep. 2012
Melanie P.	Serenity	27. Sep. 2008
Len T	Sunday Morning	27. Sep. 1980
Randy P.	Hill Street Blues	28. Sep. 1977
Margie Y	Tues Shiftworkers	28. Sep. 2013
Denise B.	Thedford	29. Sep. 2015



It is the responsibility of each group to communicate birthday updates to the Newsletter Chairperson.

District 14, Area 86
Sarnia Lambton
Alcoholics Anonymous
Phone: 1-519-337-5211



Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with an sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Copyright © The A.A. Grapevine, Inc. Reprinted with permission.

District 14, Sarnia Lambton Announcements

- ◆ 27th Annual Bluewater ODAAT
Campout.

August 11-12th, 2017

Lakewood Christian Campground

\$20 Adult Registration

\$10 Weekend Registration

Kids 12 and under FREE

Family, Fellowship, and Food. What
more could you ask for in a single
weekend.

*This is a member to member publication. The viewpoints expressed here
do not represent AA as a whole.*

Subscription price: \$7.50 / year for 5 issues.

Submissions to the newsletter are always welcome. Send ideas to: newsletter@aasarnialambton.com