

## The 12 Steps

- 1:** We admitted we were powerless over alcohol—that our lives had become unmanageable.
- 2:** Came to believe that a Power greater than ourselves could restore us to sanity.
- 3:** Made a decision to turn our will and our lives over to the care of God as we understood Him.
- 4:** Made a searching and fearless moral inventory of ourselves.
- 5:** Admitted to God, to ourselves and to another human being the exact nature of our wrongs.
- 6:** Were entirely ready to have God remove all these defects of character.
- 7:** Humbly asked Him to remove our shortcomings.
- 8:** Made a list of all persons we had harmed, and became willing to make amends to them all.
- 9:** Made direct amends to such people wherever possible, except when to do so would injure them or others.
- 10:** Continued to take personal inventory and when we were wrong promptly admitted it.
- 11:** Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
- 12:** Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

**"I am responsible ...**

**When anyone, anywhere, reaches out for help,**

**I want the hand of A.A. always to be there.  
And for that, I am responsible."**

## The 12 Traditions

- 1:** Our common welfare should come first, personal recovery depends upon A.A. unity.
- 2:** For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants, they do not govern.
- 3:** The only requirement for A.A. membership is a desire to stop drinking.
- 4:** Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
- 5:** Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.
- 6:** An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
- 7:** Every A.A. group ought to be fully self-supporting, declining outside contributions.
- 8:** Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
- 9:** A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
- 10:** Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
- 11:** Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
- 12:** Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before Personalities.

**Live and Let Live**

**Think.....Think..... Think**

**But for the Grace of God**

**First Things First**

**Easy Does It**

Alcoholics  
Anonymous

**Meetings in  
Sarnia Lambton**

**District 14  
Sarnia-Lambton**



**January 2019**

**519-337-5211**

**[www.aasarnialambton.com](http://www.aasarnialambton.com)**

God grant me the serenity  
to accept the things I cannot  
change;  
courage to change the things I can;  
and wisdom to know the difference.

**C** = Closed meeting (for those who have a desire to stop drinking).  
**O** = Open meeting ( anyone can attend).  
**OD** = Open Discussion meeting ( anyone can attend).  
**W** = Wheel Chair Access  
**CD** = Closed Discussion, 12/12= reading study of the 12 & 12  
**Big Book**= reading and study

**Monday**

- **Monday Morning Vineyard Group**  
St. Paul's United Church  
360 Devine St Sarnia 10:00 am  
C W
- **Freedom Group**  
Bluewater Health Sarnia—Russell St ENT.  
The door facing Russell Street marked 'Staff.'  
Turn left, take the elevator to the 4th floor. 6:30 pm  
C W
- **St. George's Group**  
All Saints Church  
248 Vidal St Sarnia (corner of Vidal &  
Charlotte St) (back door) 7:00 pm  
C
- **Down River Group**  
St Andrews Presbyterian Church  
94 St. James St, Mooretown 8:00 pm  
C
- **Forest Lakeside Group**  
St. Christopher's Church  
68 Union St Forest 8:00 pm  
C W

**Tuesday**

- **Shift Worker's Group**  
St. Paul's United Church  
360 Devine St Sarnia 10:00 am  
C W
- **Beginners Reflections**  
Christ Church  
796 Errol Rd East, Sarnia 8:00 pm  
C W
- **Theford Workshop Group**  
Theford United Church  
293 Pearl St Theford 8:00 pm  
C, W  
Big Book/  
12&12
- **Lake Huron Group**  
St Johns in the Wilderness Church  
2896 Old Lakeshore Road Brights Grove 8:00 pm  
C, W

**Wednesday**

- **Serenity By the Lake**  
St. Johns In The Wilderness Church  
2896 Old Lakeshore Rd Brights Grove 10:00 am  
C W
- **High Noon Group**  
St Paul's United Church  
360 Devine St Sarnia 12:00 noon  
C
- **Freedom Group**  
Bluewater Health Sarnia—Russell St ENT.  
The door facing Russell Street marked 'Staff.'  
Turn left, take the elevator to the 4th floor. 6:30 pm  
C, W  
*O (last Wednesday of each month)*
- **Wednesday Night Group**  
Christ Church  
796 Errol Rd East, Sarnia 8:00 pm  
C
- **New Beginnings Group**  
United Church  
4169 Petrolia Line (across from Tim Horton's)  
Petrolia 8:30 pm  
C

**Thursday**

- **Serenity Group**  
St. Paul's United Church  
360 Devine St Sarnia 10:00 am  
C W  
12/12
- **Came To Believe**  
Bluewater Health Sarnia—Russell St ENT.  
The door facing Russell Street marked 'Staff.'  
Turn left, take the elevator to the 4th floor. 6:30 pm  
O, W  
Big Book
- **645 Just For Today Meeting**  
St Christopher's Church  
68 Union St Forest 6:45 pm  
C, Book Study  
W
- **Murphy Road Group**  
Trinity Anglican Church  
1194 Murphy Rd Sarnia 7:00 pm  
C
- **Lambton Central Group**  
Christ Anglican Church  
414 Oil St Petrolia 8:00 pm  
C
- **Thursday Night Men's Group**  
St. Paul's United Church  
360 Devine St Sarnia 8:00 pm  
C
- **North End Group**  
St. Giles Presbyterian Church  
770 Lakeshore Rd Sarnia 8:30 pm  
C

**Friday**

- **Theford Workshop STOP Meeting**  
Theford United Church  
293 Pearl St Theford 10:00 am  
C, W  
12&12, Big Book
- **Happy Friday Group**  
St. Paul's United Church  
360 Devine St Sarnia 10:30 am  
C W
- **New Past Group**  
St Andrews Presbyterian Church  
94 St. James St, Mooretown 7:00 pm  
C
- **Watford Group**  
Catholic Church--basement  
432 Victoria St Watford (Corner of Victoria  
and Warwick St) 8:00 pm  
C  
Big Book
- **Friday Night Open**  
All Saints Church  
248 Vidal St Sarnia (corner of Vidal & Char-  
lotte St) 8:30 pm  
O

**Saturday**

- **As Bill See's It**  
St. Paul's United Church  
360 Devine St Sarnia 10:00 am  
C W
- **Hill St Blues Group**  
St Josephs Parish Hall  
Lyndock and Beckwith St Corunna 10:30 am  
C W
- **Bridgeview Group**  
St Pauls Anglican Church  
210 Michigan Av Pt. Edward 2:30 pm  
C W
- **Eastland Group**  
St Lukes United Church  
350 Indian Rd Sarnia (corner of Indian and Wel-  
lington St) 8:00 pm  
C
- **Young People in AA-Meeting**  
St Johns in the Wilderness Church  
2896 Old Lakeshore Road Brights Grove 8:00 pm  
O D  
W

**Sunday**

- **Sunday Morning Group**  
Inn of the Good Sheppard  
115 John St Sarnia 10:30 am  
W  
CD, 12/12
- **The Hub Group**  
Wyoming Legion  
493 Erie Street Wyoming 10:30 am  
C W
- **Centennial Group**  
Dunlop United Church  
757 Rosedale Ave, Sarnia 8:00 pm  
W  
CD, 12/12