

The 12 Steps

- 1:** We admitted we were powerless over alcohol--that our lives had become unmanageable.
- 2:** Came to believe that a Power greater than ourselves could restore us to sanity.
- 3:** Made a decision to turn our will and our lives over to the care of God as we understood Him.
- 4:** Made a searching and fearless moral inventory of ourselves.
- 5:** Admitted to God, to ourselves and to another human being the exact nature of our wrongs.
- 6:** Were entirely ready to have God remove all these defects of character.
- 7:** Humbly asked Him to remove our shortcomings.
- 8:** Made a list of all persons we had harmed and became willing to make amends to them all.
- 9:** Made direct amends to such people wherever possible, except when to do so would injure them or others.
- 10:** Continued to take personal inventory and when we were wrong promptly admitted it.
- 11:** Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
- 12:** Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

**"I am responsible ...
When anyone, anywhere, reaches out for help,
I want the hand of A.A. always to be there.
And for that, I am responsible."**

The 12 Traditions

- 1:** Our common welfare should come first; personal recovery depends upon A.A. unity.
- 2:** For our group purpose there is but one ultimate authority-a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants, they do not govern.
- 3:** The only requirement for A.A. membership is a desire to stop drinking.
- 4:** Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
- 5:** Each group has but one primary purpose-to carry its message to the alcoholic who still suffers.
- 6:** An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
- 7:** Every A.A. group ought to be fully self-supporting, declining outside contributions.
- 8:** Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
- 9:** A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
- 10:** Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
- 11:** Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
- 12:** Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before Personalities.

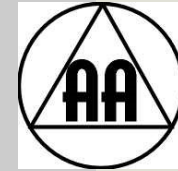
Live and Let Live

Think....Think.... Think

But for the Grace of God

Easy Does It

First Things First



**Alcoholics
Anonymous**

**Meetings in
Sarnia Lambton**



***District 14
Sarnia-Lambton***

Download Meeting Guide App



226-254-0509 OR 519-337-5211

www.aasarnialambton.com

October 2025

**God grant me the serenity
to accept the things I cannot change;
courage to change the things I can;
and wisdom to know the difference.**

C =Closed meeting (for those who have a desire to stop drinking). O =Open meeting (anyone can attend). OD =Open Discussion meeting (anyone can attend). W =Wheelchair Access CD= Closed Discussion, 12/12= reading study of the 12 &12 Big Book= reading and study	
<u>MONDAY</u>	
• Monday Morning Group St. Luke's United Church Side door off parking lot, down the Stairs 350 Indian Road S. Sarnia	12:00 noon C, W
• Welcome Home 3PM - ONLINE ONLY	3:00 pm C
• Freedom Group The door facing Russell Street marked 'Staff'. Turn left, take the elevator to the 4th floor. Bluewater Health Sarnia —Russell St Ent	6:30 pm C W
• St. George's Group All Saints Church (corner of Vidal & Charlotte St) (back door) 248 Vidal St Sarnia	7:00 pm C
• Down River Group St Andrews Presbyterian Church 94 St. James St. Mooretown	7:30 pm C
• Forest Lakeside Group <i>* In person and online</i> St Christopher's Church 68 Union St. Forest	7:30 pm C W
<u>TUESDAY</u>	
• Welcome Home 3PM - ONLINE ONLY	3:00 pm C
• Theford Workshop Group Ausable United Church (Corner of Nelson and Pearl) 74 Nelson St. Theford	7:00 pm C, W Big Book/ 12&12
• Restore Recovery Meeting River City Vineyard 260 Mitton St. N. Sarnia	7:30 pm C
• Lake Huron Group St Johns in the Wilderness Church 2896 Old Lakeshore Road Brights Grove	7:30 pm C, W
• Triple A Group Guthrie Presbyterian Church 3256 River Street Alvinston	8:00 pm CD, 12/12

<u>WEDNESDAY</u>	
• Serenity By the Lake <i>*In person and online</i> St. Johns In the Wilderness Church 2896 Old Lakeshore Rd Brights Grove	10:00 am CD, W 12/12
• High Noon Group St. Luke's United Church 350 Indian Road S. Sarnia	12:00 noon C, W
• Welcome Home 3PM -ONLINE ONLY	3:00 pm C
• Freedom Group The door facing Russell Street marked 'Staff'. Turn left 1 st door (C1021) on left (1 st floor) Bluewater Health Sarnia —Russell St ENT.	6:30 pm C, W <i>O -last Wed of each month</i>
• Grapevine Meeting- -ONLINE ONLY **SEASONAL MEETING (September to April)	7:30 pm C
• Wednesday Night Group Christ Church 796 Errol Rd East, Sarnia	8:00 pm C
• New Beginnings Group Christ Anglican Church 414 Oil St Petrolia	8:00 pm C
<u>THURSDAY</u>	
• Welcome Home 3PM -ONLINE ONLY	3:00 pm C
• Came To Believe The door facing Russell Street marked 'Staff'. Turn left, take the elevator to the 4th floor. Bluewater Health Sarnia —Russell St Entrance	6:30 pm O, W Big Book
• Murphy Road Group <i>*In person and online</i> Trinity Anglican Church (House across parking lot) 1194 Murphy Rd Sarnia	7:00 pm C W
• Lambton Central Group Christ Anglican Church 414 Oil St Petrolia	8:00 pm C
<u>FRIDAY</u>	
• Happy Friday Group Lochiel Kiwanis Centre (Use West entrance off College Ave.) 180 College Ave. N. Sarnia	12:00 pm C W
• Welcome Home 3PM -ONLINE ONLY	3:00 pm C
• New Past Group St Andrews Presbyterian Church 94 St. James St, Mooretown	7:00 pm C
Friday Cont....	

<u>FRIDAY cont.</u>	
• Watford Group <i>*In person and online</i> Our Lady Help of Christians Parish (basement) (Corner of Victoria and Warwick St) 432 Victoria St Watford	8:00 pm C Big Book
• Friday Night Open All Saints Anglican Church (corner of Vidal and Charlotte St.) 248 Vidal St. Sarnia	8:00 pm O, W
<u>SATURDAY</u>	
• As Bill See's It St. Luke's United Church Side door off parking lot, down the Stairs 350 Indian Road S. Sarnia	10:00 am C, W
• Bridgeview Group St Paul's Anglican Church (Driveway beside fire station use side entrance in parking lot) 210 Michigan Av Pt. Edward	2:30 pm C W
• Welcome Home 3PM -ONLINE ONLY	3:00 pm C
• Eastland Group St Luke's United Church 350 Indian Road S. Sarnia	7:00 pm C, W
<u>SUNDAY</u>	
Sunday Morning Meeting Kiwanis Centre 180 College Ave. N, Sarnia	10:30 a.m. C, W
• The Hub Group Wyoming Legion 493 Erie Street Wyoming	10:30 am W CD, 12/12
• Welcome Home 3PM -ONLINE ONLY	3:00 pm C
• Centennial Group Dunlop United Church 757 Rosedale Ave, Sarnia	7:00 pm W CD, 12/12
For online meetings go to aasarnialambton.com Look under Local In Person and Online Zoom Meetings, click on the meeting name to join	