

The 12 Steps

- 1:** We admitted we were powerless over alcohol--that our lives had become unmanageable.
- 2:** Came to believe that a Power greater than ourselves could restore us to sanity.
- 3:** Made a decision to turn our will and our lives over to the care of God as we understood Him.
- 4:** Made a searching and fearless moral inventory of ourselves.
- 5:** Admitted to God, to ourselves and to another human being the exact nature of our wrongs.
- 6:** Were entirely ready to have God remove all these defects of character.
- 7:** Humbly asked Him to remove our shortcomings.
- 8:** Made a list of all persons we had harmed, and became willing to make amends to them all.
- 9:** Made direct amends to such people wherever possible, except when to do so would injure them or others.
- 10:** Continued to take personal inventory and when we were wrong promptly admitted it.
- 11:** Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
- 12:** Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

**"I am responsible ...
When anyone, anywhere, reaches out for
help,
I want the hand of A.A. always to be there.
And for that, I am responsible."**

The 12 Traditions

- 1:** Our common welfare should come first, personal recovery depends upon A.A. unity.
- 2:** For our group purpose there is but one ultimate authority-a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants, they do not govern.
- 3:** The only requirement for A.A. membership is a desire to stop drinking.
- 4:** Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
- 5:** Each group has but one primary purpose-to carry its message to the alcoholic who still suffers.
- 6:** An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
- 7:** Every A.A. group ought to be fully self-supporting, declining outside contributions.
- 8:** Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
- 9:** A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
- 10:** Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
- 11:** Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
- 12:** Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before Personalities.

Live and Let Live

Think....Think.... Think

But for the Grace of God

First Things First

Easy Does It

Alcoholics
Anonymous

**Meetings in Sarnia
Lambton**

**District 14
Sarnia-Lambton**



January 2012

519-337-5211

www.aasarnialambton.com

**God grant me the serenity
to accept the things I cannot
change;
courage to change the things I can;
and wisdom to know the difference.**

C =Closed meeting (for those who have a desire to stop drinking).

O =Open meeting (anyone can attend).

W =Wheel Chair Access

Monday

- **Monday Morning Vineyard Group** 10:00 am
Vineyard C
260 Mitton St **Sarnia** (corner of Mitton and Maria St)
- **St. George's Group** 7:00 pm
St. Georges Church C
248 Vidal St **Sarnia** (corner of Vidal & Charlotte St)
- **Freedom Group** 6:30 pm
Bluewater Health Sarnia—Russell St ENT.
The door facing Russell Street marked 'Staff'.
Turn left, take the elevator to the 4th floor.
There is be signage or people to direct you. C
- **Down River Group** 8:00 pm
St Andrews Presbyterian Church C
94 St. James St, **Mooretown**
- **Forest Lakeside Group** 8:30 pm
St Christopher's Church C
68 Union St **Forest** W

Tuesday

- **Shift Worker's Group** 10:00 am
Vineyard C
260 Mitton St, **Sarnia** (corner of Mitton and Maria St)
- **Sarnia Jail** 7:00 pm
By Invitation Only--call 336-7211
- **BigBook Action Group** 7:00 pm
Christian Reformed Church C
1105 Exmouth St, **Sarnia**(Corner of Exmouth St and Murphy Rd)
- **Beginners Reflections** 8:00 pm
Christ Church C
796 Errol Rd East, **Sarnia** W
- **Thedford Workshop Group** 8:00 pm
Thedford United Church C
293 Pearl St **Thedford**
- **Lake Huron Group** 8:00 pm
St Johns in the Wilderness Church C
2896 Old Lakeshore Road **Bright's Grove**

Wednesday

- **High Noon Group** 12:00 noon
St Paul's United Church C
360 Devine St **Sarnia**
- **Freedom Group** 6:30 pm
Bluewater Health Sarnia—Russell St ENT.
The door facing Russell Street marked 'Staff'.
Turn left, take the elevator to the 4th floor.
There is be signage or people to direct you. C
O (last Wednesday of each month)
- **St Peters Group** 8:00 pm
High Park United Church C
1081 Brenchley St **Sarnia**
- **New Beginnings Group** 8:30 pm
United Church C
4169 Petrolia Line **Petrolia**
(across from Tim Horton's)

Thursday

- **Serenity Group** 10:00 am
St. Paul's United Church C
360 Devine St **Sarnia**
- **Murphy Road Group** 7:00 pm
Trinity Anglican Church C
1194 Murphy Rd **Sarnia**
- **Lambton Central Group** 8:00 pm
Christ Anglican Church C
414 Oil St **Petrolia**
- **Thursday Night Men's Group** 8:00 pm
High Park United Church C
1081 Brenchley St **Sarnia**
- **North End Group** 8:30 pm
St. Giles Presbyterian Church C
770 Lakeshore Rd **Sarnia**

Friday

- **Happy Friday Group** 10:30 am
Lochiel Kiwanis Centre C
180 College St **Sarnia** (corner of George & College or George & Forsythe) W
- **New Past Group** 7:00 pm
St Andrews Presbyterian Church C
94 St. James St, **Mooretown**

Friday Cont

- **Watford Group** 8:00 pm
Catholic Church--basement C
432 Victoria St **Watford** (Corner of Victoria and Warwick St)
- **Friday Night Open** 8:30 pm
St. Georges Church O
248 Vidal St **Sarnia** (corner of Vidal & Charlotte St)

Saturday

- **As Bill See's It** 10:00 am
Vineyard C
260 Mitton St **Sarnia** (corner of Mitton and Maria St) W
- **Hill St Blues Group** 10:30 am
St Josephs Parish Hall C
Lyndock and Beckwith St **Corunna**
- **Bridgeview Group** 2:30 pm
St Pauls Anglican Church C
210 Michigan Av **PT Edward** W
- **Eastland Group** 8:00 pm
St Lukes United Church C
350 Indian Rd **Sarnia** (corner of Indian and Wellington St)

Sunday

- **Sunday Morning Group** 10:30 am
Inn of the Good Sheppard C
115 John St. **Sarnia** W
- **The Hub Group** 10:30 am
Wyoming Legion C
493 Erie Street **Wyoming** W
- **Sunshine Group** 7:30 pm
Aamjiwnaang Health Centre C
1300 Tashmoo Ave, **Sarnia**
- **Centennial Group** 8:00 pm
Dunlop United Church C
757 Rosedale Ave, **Sarnia** W

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